

B12 Alliance House of Commons reception: recap (10 September 2026)

Oct 4, 2026 · @Hugo Minney

Summary

The [B12 Alliance](#) held a reception in the House of Commons on 10 September 2026 to press for consistent NHS diagnosis and treatment of vitamin B12 deficiency (B12 Alliance Westminster 2026a). The Alliance reports a strong turnout of MPs, policymakers, clinicians, researchers and people with lived experience, and commitments from some of them to ask questions and follow up (cluB-12 2026). B12d.org is an Alliance member, and our members wrote to their MPs in the run-up. Discussion centred on putting NICE guideline NG239 into practice.

The day

The reception ran from 2pm to 4pm on Thursday 10 September, hosted by the B12 Alliance in the House of Commons (B12 Alliance Westminster 2026a). The host was Karl Turner MP and Katrina Burchell, chair of the B12 Alliance, chaired this event.

The programme included a welcome reception, keynote speeches and four topic stations: patient stories, clinicians and diagnostics, research, and solutions. Chairs of each topic station were: Jimmy Norman; Drs Julian Owen (founder of cluB-12) and Andy Klein, Dr Alife Thain and Dr Harry Jarrett.

We used video displays, print material and research posters to argue for a standard national pathway for diagnosing and treating B12 deficiency (cluB-12 2026). Discussion focused on:

- putting NG239 into practice, especially better access to blood serum MMA, homocysteine and other diagnostic tests in primary care
- enabling and promoting self-administration of B12 so people can have sufficiently frequent treatment
- easier access to injections for people with autoimmune conditions such as pernicious anaemia
- the likely cost savings to the NHS

One MP described these steps as obvious ones to take.

The build-up

In August and September, members were asked to invite their MPs, tell local media and share the Alliance's materials. The Alliance published a template letter for writing to MPs (B12 Alliance Westminster 2026b), and its JustGiving campaign set a target of £30,000 for the event, films and media kits (JustGiving 2026). The JustGiving page is now closed and suggests people donate directly to the charity members of their choice.

- **Radio:** the Alliance Chair was interviewed on Forest FM on the evening of 8 September.
- **Television:** ITV News Anglia broadcast an interview on 10 September ([ITV News 2026](#)).

- **Social media:** members posted about the event on LinkedIn, Instagram and local groups, and reposted Alliance material.

What MPs have said since

Members who wrote to their MPs have begun to report replies, and the picture is mixed. Several MPs who could not attend said they would raise members' concerns with the Health Minister or with their local NHS body, and at least one sent a member of staff to the reception on their behalf.

These are individual members' accounts, not published responses, and none commits an MP to a specific action. But there's been a lot of interest and these are positive responses considering MPs have been less enthusiastic in the past.

What happens next

The Alliance's reception working group was due to meet later in September to review progress and report back to the Alliance (cluB-12 2026). Carrie-Anne Carr, Chair of B12d.org, will report directly after that follow-up meeting, and we will share her update.

In the meantime, you can still help:

- Write to your MP, using the Alliance's template letter, and tell us about any reply (either on the WhatsApp group or our usual email notifications@b12d.org).
- Ask your GP to read NG239 itself, and point to it in appointments (see Resources below).
- Share the Alliance's materials and follow its updates.
- Donate to the B12 Alliance or members if you are able. I've put a link to our own donations page below.

Resources

NICE published guideline NG239, Vitamin B12 deficiency in over 16s: diagnosis and management, on 6 March 2024. NICE says its recommendations are not mandatory, but professionals are expected to take them fully into account (NICE 2024).

- [NICE guideline NG239](#)
- [NICE tools and resources for NG239](#), including a two-page visual summary of ongoing care and follow-up
- [B12 Alliance reception website](#)
- [B12 Alliance page on cluB-12](#), with the Alliance's post-event statement, documents and video
- [Contact your MP: template letter](#)
- [Donate | B12 Deficiency Support Group](#)

Documents Cited

B12 Alliance Westminster. 2026a. 'B12 Alliance Parliamentary Reception Westminster - Vitamin B12 Deficiency UK', Accessed 2026-10-04. <https://www.b12alliancewestminster.org.uk/>.

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